

NORTH SHORE DISTRICT DENTAL SOCIETY

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SALISBURY

SAUGUS

SWAMPSCOTT

TOPSFIELD

WENHAM



2024-25 Program Chair: Dr. Nic Snider

Kernwood Country Club 6:00 - 8:30 PM April 3rd, 2025 Thursday

Interface of Pain and Addiction in the Dental Clinic



Adrienne D. Taylor, MD

Managing pain in dental patients with a history of substance use disorders (SUD) requires a nuanced approach that balances effective pain relief with minimizing the risk of relapse or misuse. Dentists frequently encounter patients with both acute and chronic pain, necessitating careful opioid stewardship and the use of multimodal pain management strategies. This talk will explore best practices for assessing and managing pain in patients with SUD, including non-opioid alternatives, collaboration with medical providers, and strategies for patient-centered communication. Attendees will gain practical tools to optimize pain management while supporting recovery and minimizing harm.

Program Objectives

- 1. Identify the unique challenges and considerations in managing pain for patients with a history of substance use disorders in the dental clinic.
- **2.** Utilize multimodal and non-opioid pain management strategies to effectively treat dental pain while minimizing the risk of relapse or misuse.
- **3.** Develop a patient-centered approach to discussing pain management with individuals in recovery, including strategies for screening, referral, and interdisciplinary collaboration.

Adrienne D. Taylor, MD is a Consultation-Liaison Psychiatrist specializing in the hospital-based management of complex psychiatric conditions, including expertise in critically ill surgical patients, Burn/Trauma and substance use disorders. She is currently the program director for the Consultation-Liaison Psychiatry Fellowship and Associate Director of the Division of Medical Psychiatry in the Department of Psychiatry at Brigham and Women's Hospital. She also serves as an instructor of Psychiatry at Harvard Medical School. She is engaged in committee service nationally through the ACLP, ABPN, and NEJM group. She completed her psychiatry residency at McGaw Medical Center at Northwestern University and Consultation Liaison Psychiatry fellowship at Brigham and Women's Hospital. She is a graduate of the Duke University School of Medicine. In addition to above, her academic focus includes hospital violence, healthcare worker wellness, medical education, health equity and diversity.

Get Tickets at this Link!

CLICK HERE

Cost: \$50.00 non refundable

6:45 - 8:45 pm lecture

Contact: David Konefal, DMD

david.konefal@gmail.com





North Shore District Dental Society is an ADA CERP Recognized Provider Approved by the Massachusetts Dental Society. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. North Shore District Dental Society designates this activity for <u>2 hours</u> of continuing education credits.

Dr. Chang has no financial conflict to disclose.



CHAIRMAN'S MESSAGE

James Pastore, DMD

Dear North Shore District,

First and foremost I want to thank everyone for another successful Yankee Dental Congress. The tremendous turnout year after year is a true testament to the dedication the surrounding communities of Boston have toward dentistry. This dedication is specifically seen as we celebrate our ADA and District Life Members at our upcoming meeting on Thursday April 3rd as we return to Kernwood Country Club in Salem. Our Life Members have paved the road for the success of our district, and it is one that I've been happy to follow.

District members who are looking to get involved, now is the time. We will be holding our nominations committee meeting in the coming months. At this meeting, any and all who are seeking a position as a NSDDS Executive Board Member should be in attendance. Details and open positions will follow shortly. Additionally, we are looking to fill our last spot for the MDS House of Delegates being held Wednesday June 25th at the Westborough Double Tree Hilton. Please email me if you have any interest in being a delegate or an alternate.

I want to thank all of our members for the hard work you are doing in our field, and for continuing to support organized dentistry. I'm looking forward to seeing everyone back at Kernwood.

Regards,

James Pastore, DMD

NSDDS Secretary Report

February 18th, 2025

Virtual Meeting

Attendees

- James Pastore, Alissa Mariano, Albert Sandler, David Konefal, Carlin Weaver, Hitesh Vij, Zarna Patel, Dean Chang

Lifetime Members

- -Plans organized to honor lifetime members and past contributors to North Shore MDS
- Pins and Plaques

Nominations Meeting

- -Nic Snyder will be our next President
- Meeting date TBD
- -Location: Legal Seafood Peabody
- -All members of NSDDS encouraged to participate and/or contribute to our District Board and events!

Sponsorship

- -Reviewed sponsorship opportunities
- Henry Schein relationship

Next Meeting

- -We are back at **Kernwood Country Club** on April 3rd
- -Following meeting is May 29th
- -Upcoming CE events will be planned around conflicts with other organizations, Board Member commitments and access to facilities.

MDS House of Delegates Meeting

- June 25th in Westborough at the Double Tree Hilton
- Must confirm North Shore representation
- All North Shore members encouraged to attend

Meet our Board Members

2024-2025



James Pastore, DMD Chair



David Konefal, DMD Secretary



Zarna Patel, DDS Treasurer



Nic Snider, DMD Chair Elect, Program Chair



Carlin Weaver, DMD Assistant Secretary



Andrea Shah, DMD Assistant Treasurer



Hitesh Vij, DMD Vice Chair



Alissa Mariano, DMD Editor



Dean Chang, DMD
Assistant Editor

NSDDS Executive Members

2023-2024

Chair

James Pastore, DMD

Chair Elect

Vacant

Vice Chair

Patrick Wilson, DMD

Secretary

David Konefal, DMD

Assistant Secretary

Carlin Weaver, DMD

Treasurer

Melissa Torres, DMD

Program Chair

Nic Snider, DMD

Editor

Jeffery Dornbush, DDS

Assistant Editor

Alissa Mariano, DMD, FACP

Regional Trustree

Albert Sandler, DMD

Immediate Past Regional Trustee

Maritza Morell, DMD

Immediate Past Chair

George Orfaly, DMD

2024-2025

Chair

James Pastore, DMD

Chair Elect

Nic Snider, DMD

Vice Chair

Hitesh Vij, DMD

Secretary

David Konefal, DMD

Assistant Secretary

Hiam Elias, DMD

Treasurer

Zarna Patel, DMD

Assistant Treasurer

Andrea Shah, DMD

Program Chair

Nic Snider, DMD

Editor

Alissa Mariano, DMD, FACP

Assistant Editor

Dean Chang, DMD

Regional Trustree

Albert Sandler, DMD

Immediate Past Regional Trustee

Maritza Morell, DMD

Immediate Past Chair

George Orfaly, DMD

NSDDS Comittee Members

2024-2025

Peer Review Comittee

Chair

Hitesh, Vij, DMD

Members

Dean Chang, DMD
Micheline Moini, DMD
Zarna Patel, DMD
Dhara Shah, DMD
Ann Tano, DMD
Nic Snider, DMD
Hiam Elias, DMD

Ethics Comittee

Chair

Ruchieka Vij, DMD

Members

Dean Chang, DMD Zarna Patel, DMD

Celebrating our Lifetime Members



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•	1)r.	William	R.	Bebrim

- Dr. Randall Burba
- Dr. Yuri Shamritsky
- Dr. Christina D. Pastan

Welcome to the New Members of Our North Shore District Dental Society

"I was a new member once!!!"



Dr. Akshay Keerthy

Dr. Steven J. Tucker

Dr. Kyle P. Lapage

Dr. Michael Courtney

Dr. Angel Rosado

Dr. Adi Davidyan

Dr. Kevin R. Hong

Dr. Maisie Tolzmann

Dr. Shannon E. Walsh

Dr. Sho P. Taniguchi

Dr. Nicole L. LeClair

Dr. Sarina Shafiyan-Rad

Dr. Aaron Lee

Dr. Abdulwahab Al Tikriti

Dr. Fernanda Guerra

Dr. Alison M. Towns

Dr. Chloe Stanko

Dr. Anuja C. Panda

Dr. Ashiana Jivraj

Dr. Min Ji Cho

Dr. Shamus P. Hogan

Dr. Aos Estowani

Dr. Ran Yan

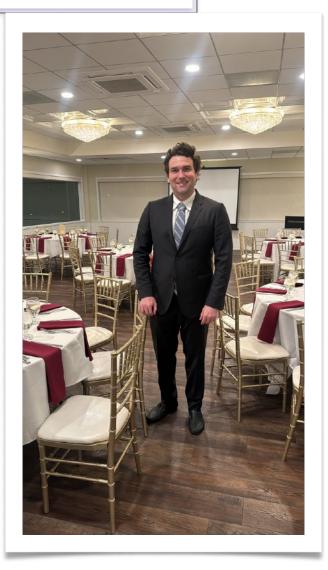
Dr. Shannon E. Rice

Dr. Kayla Vasconcellos

North Shore District Dental Society News

Highlights from the Davensport Meeting November 7th, 2024





NSDDS Chairman
Dr. James Pastore, Endodontist
in Middleton, MA and Executive
Board Members Welcomed the
Group

NSDDS Chari Elect, Dr. Nie Snider General Practioner in Georgetown, MA Verified registrants

Special Thank You to Contributing Editor and Immediate
Past District Trustee Dr. Linda Massod
for Providing Photographs and for her Contributions to the
Newsletter over the years!

North Shore District Dental Society News

Highlights from the Davensport Meeting November 7th, 2024



Lady Doctors of the North Shore present with our Gold Sponsor, Jugmi Rao (center) VP of Business Relations for TD Bank





Dr. Dana, Dr. Herzog, Dr. Pastore and Dr. Snider with our regional Trustee Dr. Al Sandler

Our speaker, Dr. Joey Chang of Peabody Oral Surgery and TUSDM provided a detailed presentation of his TMJ services, here pictured with Dr. Weaver and Dr. Epstein

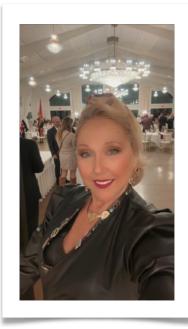
Special Thank You to Contributing Editor and Immediate Past District Trustee Dr. Linda Massod for Providing Photographs and for her Contributions to the Newsletter over the years!

North Shore District Dental Society News

Highlights from the Davensport Meeting November 7th, 2024



Previous Chairwoman and her father Doctors Kowalski from Beverly, MA





All photos provided by contributing Editor and Immediate Past District Trustee Dr. Linda Massod Thank you for your contribution!



Albert J. Sander, DMD Region 6 Trustee Report

While headed down to Orlando for the ADA House of Delegates this morning, I wrote this article for your newsletter. It was helpful that you showed me the layout.

Region 6 Trustee Report

March, 2025

MDS Region 6 Trustee Report for NSDDS

With the 50th Yankee Dental Congress in the rearview mirror I would like to hit some highlights of your state dental society convention, one of the largest in the country. Some of the well received events were the chowder tasting, Boston cream pies, adorable puppies, the Yankee casino, the student debate, cocktails/socializing with friends at the end of the day on Thursday/Friday at the MDS booth, and the Journey tribute band rocked! Special thanks to MDS Region 6's Dr GiGi Garcia as YDC Chair and MDS Treasurer Dr Jen Korzeb as the YDC's swiss army knife for a memorable and entertaining show!

My class on Saturday morning was cancelled due to unforeseen circumstances, so I took the opportunity to quietly sit in as an observer of the ADA District 1 meeting between the NE states dental society presidents, executive directors, and other leaders, along with New England's ADA District 1 Trustee Dr Jonathan Knapp, and the ADA District 3 Trustee, Dr James Boyle from Pennsylvania representing the ADA.

Massachussets: MDS President, Dr Abe Abdul

- -Discussed our recent wins in the state house with Governor Healy's last hour signing of the Foreign Dentist Dental Hygiene Reciprocal Licensure Bill to help alleviate the dental hygiene workforce shortage crisis and the Dental Diversion Bill to maintain dental licensure for dentists and dental hygienists while they get treatment for mental health and substance abuse issues.
- -Dr Abdul also spoke about our past Medical Loss Ratio win (Question 2) being the strongest MLR statute in the country.

New Hampshire: NHDS president, Dr Mark Hartzler:

- -NHDS tried to introduce a foreign dentist reciprocal hygiene bill but it did not gain any traction. The MA bill was used, but there were no parameters for how the NH State Board of Dentistry was going to formulate any regulations.
- -the NH Board instituted new CDA CE courses to expand skills of dental assistants in the state.
- -Certified Registered Nurse Anesthetists (CRNA) were trying to get sedation rules rewritten in NH, which had NH oral surgeons very upset, but lobbying got the bill pushed back to committee where hopefully it will die
- -NH is part of a five state ADA new dentist membership pilot program for reduced new dentist ADA dues, but is only one month into it. NHDS dues remained the same. (Personally, I feel they should have followed the MDS lead, and reduced state dues for new dentists also.)

Rhode Island: RIDA president, Dr Andrew Gazerro:

- -RI MLR bill got passed and is now going through the same process as Mass.
- -Facility fee bill got passed for special needs patients to receive ambulatory or hospital surgical suite care despite insurance pushback. The fee arrived at was \$1254. Main opposition was unknown cost. Now it needs the support of anesthesiologists because of ASA medical challenges with this population group which is far more medically compromised. Dental cases are not as financially attractive to hospital administrators as hip replacement. Many hospitals around New England have been increasingly restricting OR availability for dentistry. The CRNA's were really helpful.
- -RIDA will next try to get passed a foreign dentist Reciprocal Hygiene bill



Albert J. Sander, DMD Region 6 Trustee Report

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Region 6 Trustee Report

March, 2025

Vermont: VDA Executive Director Patrick Gallivan:

- -Support for dentist and Dental hygienist compact
- -Got Medicaid reimbursement schedule raised from 55-60% to 75% of Northeast Delta Dental fee schedule stimulating a 9% increased provider participation
- -Mercer Hospital Detroit Dental School has 28 students that are going to locate to Vermont stimulated by a state/federal loan repayment program for \$50,000/year x 3 years with a match from their employers
- -Creating 40 chair Medicaid clinic

Maine: MDA Vice President, Dr Hena Patel:

- -ME legislature passed Maine MLR bill in 2022
- -MDA is fighting multiple anti Fluoride bills
- -Resilience (Wellness) Task Force bill introduced for dentistry following a recent medical wellness health care program just instituted in ME.
- -No foreign dentist reciprocal dental hygiene bill filed yet due to fight by MDA to hold a dentist majority on the board 18 mo ago when a bill was introduced by Maine Dental Hygiene Association (MDHA) proposing a hygienist expansion of two on the board which threatened to create a dentist minority on the ME board. The bill later failed, but impacted the relationship between the MDA and the MDHA.
- -Studying a tax incentive bill to stimulate DA and DH to relocate to ME starting at \$12K/yr raising incrementally to \$16K/yr over 6 years

Connecticut: Unfortunately, due to other duties, I had to step out of the room while CT made their presentation.

-Upon my return, there was a long and heavy discussion with Dr Knapp and Dr Boyle of what the ADA needs to do on a national level about the present administration in Washington DC turning the tide against good science, specifically about public water fluoridation and the recent Jan 6th JAMA Pediatric Meta-analysis of "Fluoride Exposure and Children's IQ Scores"

Fluoride talking points have been provided by the ADA for dentists to dispense locally, including:. 100% of the anti fluoride studies were all foreign, 60% of them were from China which has naturally higher levels of fluoride in their water sources along with confounding effects to those studies including multiple heavy metals in the public water supply due to poor filtration techniques. While the recent 10 years of data from China is reliable, data from over 10 years ago is dubious (as in made up), the results heavily influenced by the government. ADA Trustees Dr Knapp and Dr Boyle were urged by all the NE state leaders that there needs to be a national message to the public from the ADA beyond the grassroots and state messages with the current political climate over fluoridation and anti vax propaganda, including that the AMA needs to retract the JAMA article.

Look for more information in the ADA huddle.

Albert Sandler, DMD MDS Region 6 Trustee

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